



Our Community Newsletter

Meet Your New Community Life Director: Kailana Kielo

I am bubbly, encouraging person who thrives on positivity, connection, and growth. I absolutely love learning and engaging with residents in the community, finding fresh ways to lead with creativity and purpose. Whether I'm out on a peaceful nature walk, watching my favorite girly shows at night, or planning a getaway vacation, I find inspiration in the little joys of everyday life.

Spending quality time with my family and friends fills my heart, and I deeply value moments of peace and reflection. Serving and helping others truly lights me up—it honestly gives me chills to see someone else's happiness and know I played a small part in it. That joy, that connection, and most importantly, my faith in the Lord, are what fuel my creativity. They keep me grounded, motivated, and inspired every single day.



Minnehaha Senior Living is committed to providing the best care and service possible. We will be asking for feedback from our residents and families to assist us with identifying opportunities for improvement, as well as areas in which they feel we do well.

Your feedback is especially important to us! Every resident will receive a survey unless a family member or other person has been designated to receive the survey. Surveys will be sent out on November 14. Please take the time to respond to the survey before November 27, 2025.

The individual taking the survey will be asked to rate questions on a 4-point scale; for example, strongly disagree, disagree, agree, or strongly agree. They will have the opportunity to give us feedback in their own words. We want HONEST feedback! Responses are confidential.

A collection box for completed surveys will be located in the lobby for residents or visitors who would like to submit their survey with or without using the postage-paid envelope.

If you have any questions about the survey, feel free to contact me directly.

Thank you,
Clayton

Excerpts from A Prayer for Veterans Day by David Abernathy

Our God and God of our ancestors, we ask for your blessings for America's veterans, the dedicated men and women who have served our country in uniform, and for all those who serve today. Let those who made the ultimate sacrifice for the cause of freedom rest in peace, honored by a grateful nation. Heal those injured in service to our country, whether their wounds are of body, mind or spirit. Remember the parents, partners, children, other family and friends of all who served: the ones who sacrificed alongside them, missed them when they served far away, and bore the heavy burden when they were wounded or gave their lives for our country. May it be Your will also that we strive every day to give our veterans and servicemembers the greatest possible reward for their service – a world secure in freedom and at peace. And let us say Amen..



Community Updates

Please join us in
welcoming our new
neighbor:

Kathy M. - Apt. 432



November Birthdays

Judy L. - 11/14

Helen L. - 11/18

Mike H. - 11/28

Gary O. - 11/28



November Events

11/1- All Saints Day

11/2- Daylight Savings Time Ends

11/4- Election Day

11/11- Veteran's Day

11/27- Thanksgiving Day

Be the Star of Your Next Health Care Visit

Have you ever left a doctor's appointment feeling rushed or unheard? You deserve to be the star of every health care visit, not just a supporting character. Your concerns and questions should be the primary focus, and you have the power to take control of your health care experience.

Top Tips to Shine at Your Appointment

1. **Prepare Your Questions:** Before your appointment, write down any symptoms, concerns, or questions you want to discuss. This ensures nothing important is forgotten.
2. **Bring Support:** Consider inviting someone you trust to join you and take notes. They can help you remember key details and provide emotional support.
3. **Access Your Medical Records:** Use tools like the Lifespark Member Portal to track your test results, care plans, and medications. Staying informed helps you make better decisions. Not sure how to access this, ask your team for guidance.
4. **Stay Connected:** Confirm with your provider the best way to contact your health care team between appointments. This way, you're prepared if urgent needs arise.

Lifespark In-Home Primary Care Spotlights You

Clinic visits can feel rushed, but with Lifespark's in-home primary care—especially for older adults—you get longer, more personalized appointments. Our geriatric experts come to you, ensuring your concerns are heard and addressed in the comfort of your home. And if you need more urgent support, instead of going to a clinic or ER, our Mobile Urgent Responders can come right to you too.

Take the Next Step

Ready to take control of your health care experience? Contact Lifespark today to learn more about our in-home primary care options and how we can help you shine at every visit.

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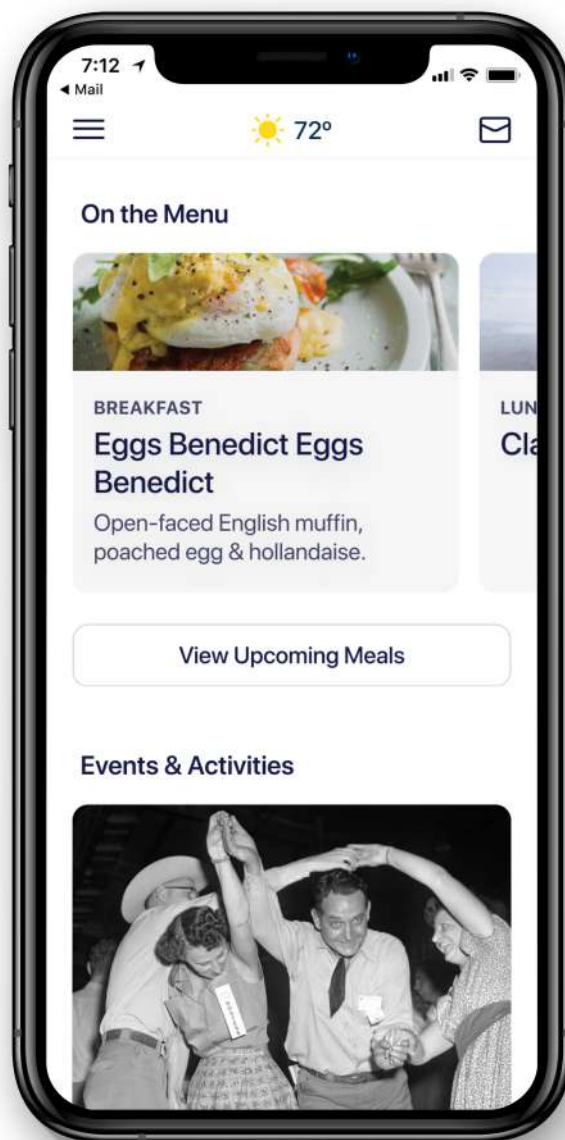
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Download the new mobile app for Minnehaha Senior Living

- ◆ View upcoming activities and events
- ◆ See what's on the menu each day
- ◆ Access common resources
- ◆ View and share community photos
- ◆ Receive emergency alerts & updates
- ◆ Check the local weather in ,



Access Quiltt for iOS, Android, or desktop

<https://get.quiltt.com/org/DCONJ>

Enter code DCONJ after opening the Quiltt app for the first time.

