



Our Community Newsletter

Discover what's going on in our community.

The Minnehaha Mavericks are having an incredible Grip Games season! They are currently undefeated and hoping to make it to the final four match on Tuesday, September 3. Mavericks mania is spreading, so mark your calendars and come to the lodge to cheer on our team! Then, we will wait in nervous anticipation until the Really Big Show on Friday, September 6, when the teams moving on to the playoffs are announced. Let's go Mavericks!



September is here, and we're ready to kick off a month full of excitement and celebration! We're launching Assisted Living Week with a fabulous Grandparents Day brunch on September 8th—come join us for delicious treats and a hearty celebration of our wonderful grandparents!

Then, gear up for Spirit Week from September 9th to 13th! Staff, get creative with your outfits for our themed dress-up days and you might win one of two fantastic TVs! Plus, join in the daily Minute-to-Win-It games for a chance to score a \$25 Gift Card—one winner per shift, every day!

But that's not all—get in on the fun with People Bingo! Play along during Spirit Week and you could be a lucky winner of a \$25 Gift Card. We'll have one prize for staff and one for residents, so everyone has a shot at winning!

To wrap up ALF Spirit Week, don't miss our cookout on September 13th from 11am to 1pm. Enjoy delicious burgers and great conversations with residents, families, and staff. And, drumroll please...we'll announce our lucky TV winners during the cookout!

Looking ahead, autumn officially starts on September 22nd—so break out your coziest fall attire and get ready to embrace the new season. Let's send off summer with a bang and welcome fall with open arms!

Let's make this September a month to remember!

Cheers, Ike

- R 9/8- Shirley G.
 9/8- Thomas L.
 9/18- Bruce T.
 9/19- Charles P.
 9/20- Ruth N.
 9/20- Thomas N.
 9/27- Mary S.



“It is in pardoning that we are pardoned.” – St. Francis of Assisi

Nearly every major religious tradition has some understanding of forgiveness, even if they might approach it in different ways. And anyone who has lived as long as we have has probably had to offer forgiveness at some point, and to ask for forgiveness as well, right?

When you look back on your life, are there any unresolved grievances that you are carrying? How do they affect you from day to day? What would it take to find some resolution, whether pardon or forgiveness, or simply no longer giving them power over your spirit? What does it feel like when you are genuinely sorry and have been offered pardon? Is there anyone you seek pardon from? May you find strength in relationships that are tense or challenged, and may you find belonging in this community that welcomes and accepts you for who you are.



Vaccine Clinic: September 20th

Are you up-to-date with your Covid and Influenza vaccines? Vaccines will be available for staff and residents at our on-site vaccine clinic on September 20 from 8:30 am to 12:00 noon. Please see Executive Director, Clayton, to sign up. Getting vaccinated saves lives, so do your part to help keep your friends, family, and neighbors safe this fall.



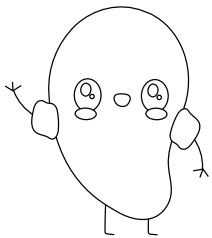
History On The Go Tour: September 25th

Calling all history buffs: Join us for a bus tour of Historic Fort Snelling! Fort Snelling staff will ride along with us throughout the site, sharing stories from the Fort's past. The tour will explore the restored 19th century stone fort from the comfort of the bus, as well as some of the surrounding area. If you are interested in attending, please sign up at the front desk. Space is limited.

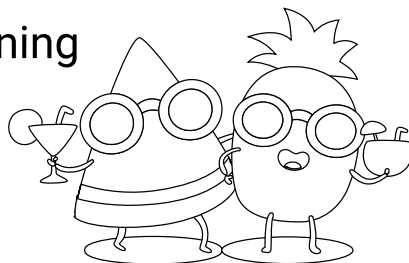
Summer Word Search 8



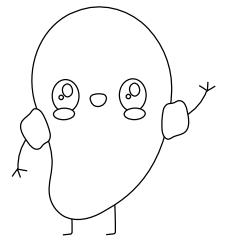
Summer Word List:



Air conditioning
Blue skies
Clear skies
Clouds
Fan

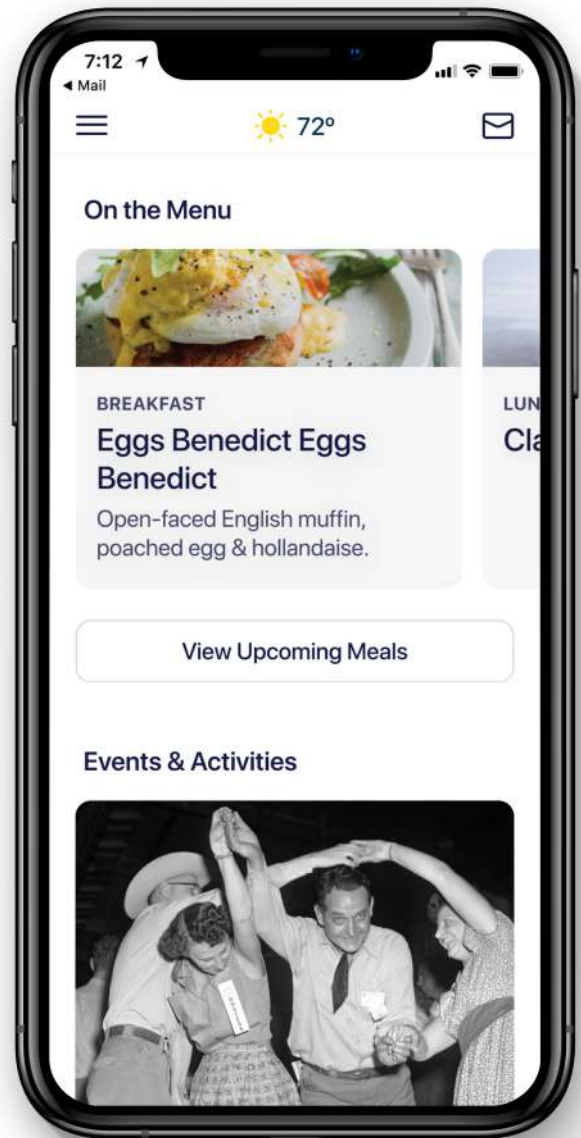


Humidity
Rainbow
Summer breeze
Sunrise
Sunset



Download the new mobile app for Minnehaha Senior Living

- ◆ View upcoming activities and events
- ◆ See what's on the menu each day
- ◆ Access common resources
- ◆ View and share community photos
- ◆ Receive emergency alerts & updates
- ◆ Check the local weather in ,



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